

# WORRY WHILE YOU WORK

## PERSONAL FINANCIAL ISSUES IMPACT PROFESSIONAL PERFORMANCE

Mercer’s research shows that, on average, people spend 13 hours per month worrying about money matters at work (the median was 5 hours per month), which alone provides an incentive for employers to help employees address financial concerns.

Hours Spent at Work Worrying

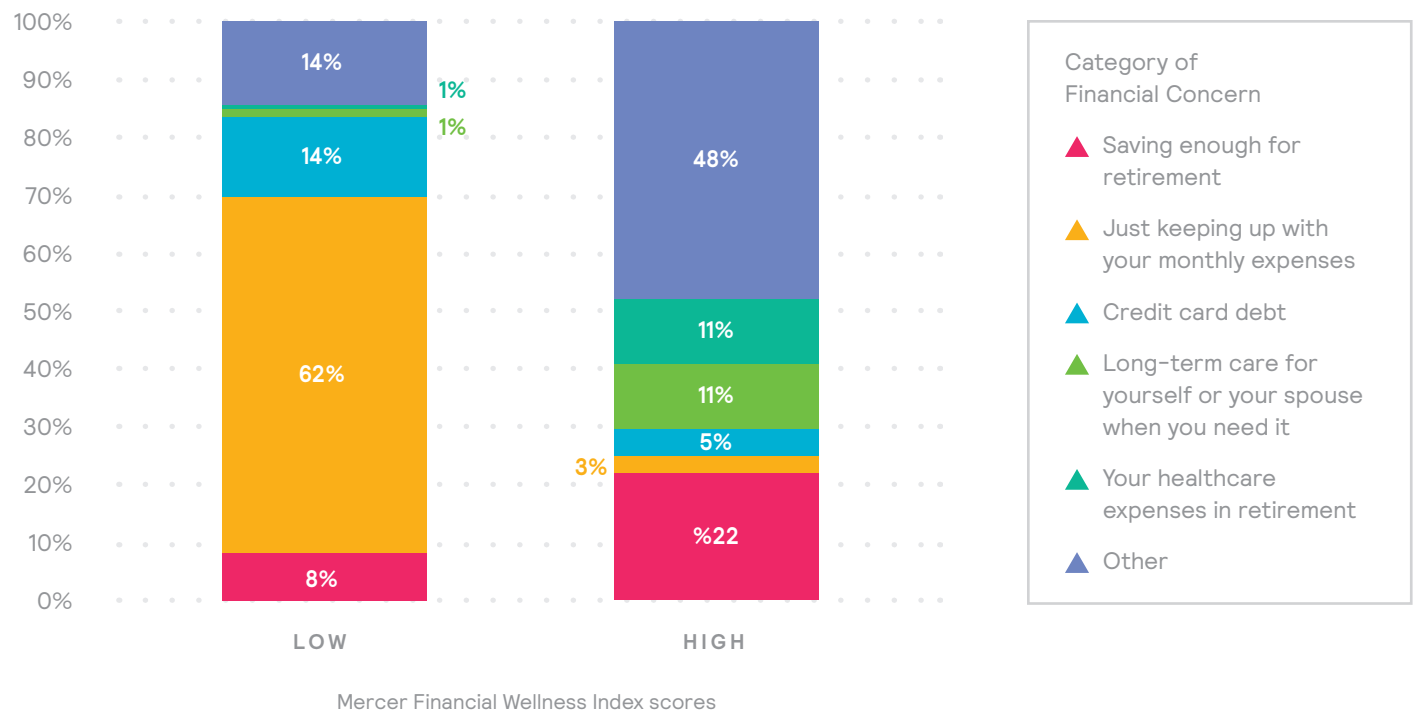


Source: Mercer’s 2017 Inside Employees’ Minds™ Survey

## FINANCIAL WORRIES ARE AS DIVERSE AS INDIVIDUALS THEMSELVES

Individuals with lower levels of financial wellness are much more likely to be worried about keeping up with monthly expenses, whereas those in the high financial wellness cohort are more preoccupied with retirement. Additionally, Mercer’s research shows a wide variety of financial worries. Financial wellness programs must therefore be designed with individuals’ diverse financial circumstances in mind.

### WHAT’S YOUR BIGGEST FINANCIAL WORRY RIGHT NOW – THE PROBLEM THAT KEEPS YOU AWAKE AT NIGHT?



Source: Mercer’s 2017 Inside Employees’ Minds™ Survey

Visit our website to learn more about Mercer’s Inside Employees’ Minds research: [www.mercer.com](http://www.mercer.com)

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